

❖ **About our practice**

We are a group of competent licensed and Board-certified clinicians who are recognized for providing our patients and clients with personalized, empathetic, sensitive yet professional patient and client care.

We believe in working with the individual while emphasizing the importance of collaborative work with family, school staff, other treating clinicians and social agencies.

We believe in providing the least restrictive level of care and are equipped to handle crisis intervention.

We put a premium on being available to our patients and clients when needed.

❖ **Our Specialties**

We are specially trained to treat children, adolescents and adults in individual, couple, family and group settings. We specialize in:

- ◆ Comprehensive individual evaluation
- ◆ Biological-psychological-social modeling
- ◆ Young child assessment
- ◆ Pharmacotherapy and consultation
- ◆ Individual psychotherapy
- ◆ Couple/marital counseling
- ◆ Family integration
- ◆ Post-partum care
- ◆ Parenting issues
- ◆ Crisis intervention
- ◆ School consultation
- ◆ Group dynamics
- ◆ Alcohol and drug counseling
- ◆ Neuropsychological evaluations
- ◆ Neurofeedback therapy

❖ **Office Hours and Appointments**

We are available to see patients and clients Monday through Friday from 9:00 AM to 8:00 PM and Saturday from 9:00 AM to 3:00 PM. Office visits are by appointment only. We will make every attempt to schedule new patients within 24 to 48 hours of receiving the request.

We request patients and clients who are unable to keep their appointments to notify us immediately. No charges will be incurred to appointments that are cancelled at least 24 hours in advance.

Initial evaluations of new patients require at least 1½- to 2-hour appointments. Follow-up treatments usually require ½-hour to 1-hour appointments, depending on case complexity and patient's and/or family's specific clinical need.

❖ **Prescription Renewal Program**

All requests for renewals of maintenance prescriptions should be made Monday through Friday during regular office hours and, preferably, one week before consumption of the last medication.

❖ **Payment Policies and Insurance Concerns**

We render services on a fee-for-service basis, i.e., payment for services is due at the time of the appointment or rendition of services. We will provide patients and clients with all the information and billing statements they may need to file claims with their insurance carrier for direct reimbursement.

Our treatment recommendation is based solely on the results of the comprehensive evaluation of our patient. We are committed to providing the BEST CARE as mutually determined by us with our patients and/or clients and NEVER on whether or not the treatment is covered or reimbursable by the patient's insurance plan.

We welcome every opportunity to discuss directly with our patients and clients the rationale for their treatment plan.

For our clients' convenience, we accept Visa, MasterCard, American Express, Discover Card and checks as payment for services.

❖ **For Questions or Information**

Should you have any questions, or need additional information, please contact us. We will be happy to assist you.



7055-C Veterans Blvd., Burr Ridge, IL 60527
P: 630-325-4899 F: 630-325-4811
www.cypressprofessionalgroup.com



ELIZABETH V. BERNARDINO, M.D.

Child, Adolescent & Adult Psychiatry

RAJITHA L. AVVA, M.D.

Child, Adolescent & Adult Psychiatry

LINDA A. STULL, D.O.

Child, Adolescent & Adult Psychiatry

RICHARD M. ALFORD, Ph.D.

Clinical Psychology & Neuropsychology

CHARLENE M. T. PIERCE, Psy.D.

Clinical Psychology

BARBARA L. MIKLOS, L.C.S.W., C.A.D.C.

Child, Adolescent, Adult, Individual & Family Therapy
Certified Alcohol & Drug Counselor

AMANDA K. LABASH, L.C.S.W.

Licensed Clinical Social Worker
Certified Alcohol & Drug Counselor



The Professional Group



Elizabeth V. Bernardino, M.D. is Board Certified in General Psychiatry and Child & Adolescent Psychiatry. She specializes in the assessment and treatment of mood and anxiety disorders, dual diagnosis, attention deficit and disruptive behavior disorders, substance abuse issues and other school-related difficulties. She performs evaluations and consultations for school districts. Dr. Bernardino completed her residency in General Psychiatry at Loyola University Medical Center and her Fellowship in Child & Adolescent Psychiatry at Boston University Medical Center. She served as Medical Director of the Child & Adolescent Psychiatry Program of Hinsdale Hospital from 1993 to 2002.



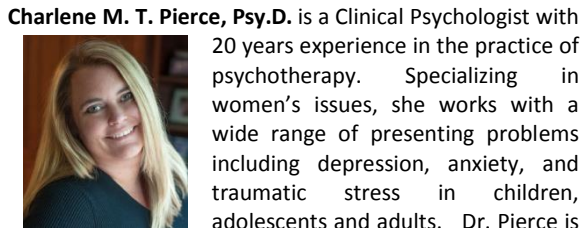
Rajitha L. Avva, M.D. practices Adult and Child and Adolescent Psychiatry, focusing on outpatient treatment. She specializes in anxiety, bipolar and depressive disorders, as well as attention deficit disorders and aggression. She also performs evaluations for school districts. She completed her residency at Rush University Medical Center and served as the Chief Fellow in Child and Adolescent Psychiatry. Dr. Avva is Board Certified in General Psychiatry and Child & Adolescent Psychiatry.



Linda A. Stull, D.O. is a Child, Adolescent and Adult Psychiatrist. She specializes in the assessment and treatment of anxiety and mood disorders, as well as attention deficit and disruptive disorders. Dr. Stull provides consultations to schools. She has a unique graduate level background in child development that she brings to her work with children and families. She completed her psychiatry training at the University of Illinois at Chicago where she was the Chief Fellow during her child and adolescent fellowship.



Richard M. Alford, Ph.D. has over 30 years of experience in providing psychological and neuropsychological services to school age children through older adults. Dr. Alford's practice style makes use of a comprehensive approach and collaboration with family, school and other professionals. He specializes in treating mood and anxiety disorders, post-traumatic stress, as well as behavior problems, ADHD and Asperger's disorder. Dr. Alford is experienced in providing comprehensive evaluations and in the use of neurofeedback techniques. He received his doctorate from Loyola University in Chicago and has completed certified post-doctoral studies in neuropsychology.



Charlene M. T. Pierce, Psy.D. is a Clinical Psychologist with 20 years experience in the practice of psychotherapy. Specializing in women's issues, she works with a wide range of presenting problems including depression, anxiety, and traumatic stress in children, adolescents and adults. Dr. Pierce is trained in Eye Movement Desensitization and Reprocessing (EMDR), Somatic Experiencing (SE) and certified in Clinical Hypnosis. She received her Doctorate in Clinical Psychology from Roosevelt University, and has taught as an adjunct faculty member at Roosevelt University and The Chicago School of Professional Psychology.



Amanda K. Labash, L.C.S.W., C.A.D.C. is a Licensed Clinical Social Worker and Certified Addictions Counselor. She received her Masters degree in Clinical Social Work from the University of Illinois-Chicago. Her experience includes the provision of therapeutic services to children, adolescents, adults, and families in a wide variety of treatment settings. She has experience working in both

inpatient and outpatient hospital settings, therapeutic schools, and an intensive outpatient mental health clinic. Her particular areas of clinical interest include Depressive and Bipolar Disorders, Anxiety, Addictions, family conflict, self-esteem, and healthy living. Ms. Labash is a Registered Yoga Teacher trained in a variety of meditation, breathwork, and deep relaxation techniques to assist in stress management and anxiety reduction.



Barbara L. Miklos, L.C.S.W., A.C.S.W., C.A.D.C. has over 30 years of experience in the areas of clinical treatment, personal, and professional coaching, training, consulting and teaching. She works with adolescents, adults, individuals, couples and families. Her areas of interest are dual diagnosis, relationship issues, anxiety and mood disorders, living with chronic illness and child and adolescent behavioral disorders. Her philosophy of clinical treatment is psychodynamic and cognitive behavioral. Ms. Miklos received her graduate degree in clinical social work from the University of Illinois-Chicago. She is a Licensed Clinical Social Worker, Certified Alcohol and Drug Counselor, DUI Follow-Up Mandated Counselor, Certified Critical Incident Provider, a member of the National Association of Social Workers, the International Association of Coaches and the American Society on Aging.

Our Treatment Philosophy

We believe that mental health services must be provided in a setting and delivered in a way that account for and respect the complexities of one's social and economic environments, diversity of cultures, races and biological factors that make up one's self.